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## Dr Tim Saunders : [SpiritGym.org](https://spiritgym.org)

I am a former Headteacher and now Lecturer in Teacher Training at Edge Hill University seeking to enhance Spiritual and Sustainable Development in Coaching, Teaching and Educational Leadership  
At the heart of my practice I aim to facilitate Worldview Dialogue and pool World Wisdom  
for the good of the planet and the river Mersey bioregion where I live

### ENRICHMENT

- Serving Others
- Sustaining Future Generations

### ENGAGEMENT

- Refining Awareness
- Cultivating Wisdom



### ENLIVENMENT

- Redirecting Motivation
- Transforming Emotions

### ENLIGHTENMENT

- Living Ethically
- Training the Mind

### Recent Conference Papers

- 2022: Regenerative Teaching and Education for Sustainable Development: using the Integrative Worldview Framework to synthesise transitional and transformative models of HE pedagogy
- 2022: How to embed Sustainable Development into your teaching using P4C (Philosophy for Children)
- 2023: The Challenge of Reflective Practice and the Philosophy for Children (P4C) Approach
- 2023: Integrative Mentoring: re-visiting the transpersonal psychology of John Heron (1928- 2022) to map a synthesis of models and modalities oriented to spiritual wellbeing and education for sustainable development
- 2023: Synthesising Advanced Theories of Educational Leadership for a World in Crisis

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