

My creative responses to building resilience with vulnerable and marginalised communities

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Through my minds eye and then the lens, I give transient moments new significance, captured to our influence perceptions of the unnoticed, bypassed and demeaned.

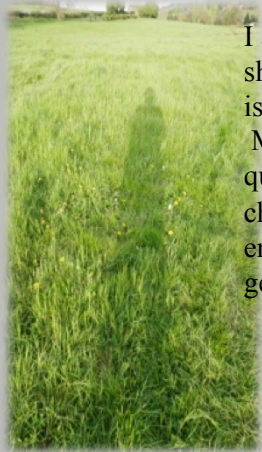
‘Beginners mind’ (Mindfulness) enables a new awakening to possibilities and ideas, free of misconceptions and prejudgements



‘We cannot do great things, only small things with great love’. *Mother Theresa*



Culture is fluid and our identities complex. Identities cannot be reduced to ‘dualistic polarities’. Inclusion, acceptance and respect emerge from valuing each other and only then can we truly celebrate our diversity



I am the shadow- that is my place. My presence quietly challenges and encourages gentle change



When I focus attention on details, it become a metaphor for seeking ways to give significance to the ordinary and unnoticed. My theme is valuing and engaging with our everyday encounters and exchanges. As the ‘lens’, I bring into focus wonder, delight, beauty and reverence. My hope is to deepen our love for humanity and the planet

Promoting, sharing, informing, infiltrating, subverting pursuing, engaging, suggesting, speaking up, speaking out for inclusion and social justice



Demonstrating through still and moving images alternative perspectives, gentle snapshots of my discoveries of everyday wonders, captured and revealed through the lens -an outcome of how my life is lived through relationships with these amazing and undervalued (to me) significant others

Continuing to work alongside marginalised and minority cohorts- now those with troubled minds and dependencies. Striving to be the ‘connector’, raising awareness of the hopes and needs of the marginalised by challenging attitudes through creative responses that demonstrate trust and love

