

# Moving on as an 'alongside' Living Theory researcher



Awareness through movement



Makeamove for the Mind research

emotion  
+ body awareness

purposeful relationships in research to develop,  
evaluate + explain practice

<http://www.makeamove.org.uk/projects/with-mums/>  
<http://www.actionresearch.net/writings/posters/sarahhadow061115.pdf>

After 43 years health visiting  
(families in Community + at home - UK NHS)  
the Bath Conversation Cafe  
helped me see differences between  
retirement and 'moving on'.

Makeamove (video top left)  
helped me recognise new domains  
for using alongsideness (video top right)  
in researching my practice after  
paid employment ...

Bath Conversation Cafe  
Jousse's theory of gesture

...family, friends and  
the things I always  
said I would do.

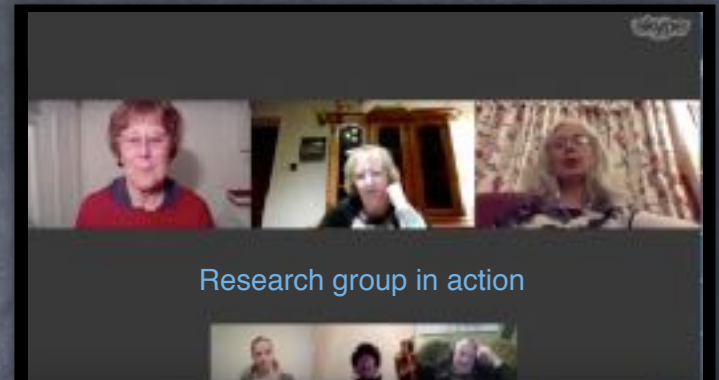
Robyn Pound January 2017

## Previous poster 2015:

Activities, videos, publications



Introducing Thesis



Research group in action

Adlerian Skype Research Group to explore  
use of Adlerian psychology in our fields  
of practice and Living Theory as suitable  
methodology for developing + explaining  
practical psychotherapy



Doctor Researchers' Skype Group