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*Leaning into hope with loving kindness*

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I value solitude

I value intimacy



When I consider what I care about, and what gives meaning to my life (Whitehead, 2019), my answer is relational teaching and learning. That is a constant in my life, however, just what that means is nuanced as I am influenced by the context(s) within which I live and work. As a child, I learned to value solitude and I continue to consider the opportunity for reflection as important to my well-being and my learning. As a mother, I have learned the value of intimacy to my well-being, to that of others, and the learning we do together. Solitude and intimacy prepare me for relational learning within a community.



I value a relational *métissage* of solitude, intimacy, and community, and the liminal spaces between, which I explore using arts-based methods in order to understand my Self and others, our learning and the contribution we make to the well-being of all.



I value learning in community for the wellbeing of all

