

**Framework and rationale for research**  
**An Action Planner – Jack Whitehead, University of Cumbria 23/04/15**

Issue / Question	Response
What do I want to improve	
Why do I feel that something could be improved in what I am doing? (This is concerned with what really matters to me in terms of the values that give meaning and purpose in my life. These are the explanatory principles that explain why I do what I do.)	
What could I do that might improve what I am doing? (Imagining possibilities and choosing one of them to act on in an action plan)	
As I am acting what data will I collect to enable me to judge my educational influence in my professional context as I answer my question?	

As I evaluate the educational influences of my actions in my own learning and the learning of other, who might be willing to help me to strengthen the validity of my explanation of my learning about my influence with responses to questions such as:

- i) Is my explanation as comprehensible as it could be?
- ii) Could I improve the evidential basis of my claims to know what I am doing?
- iii) Does my explanation include an awareness of historical and cultural influences in what I am doing and draw on the most advanced social theories of the day?
- iv) Am I showing that I am committed to the values that I claim to be living by?