

***'Celebratory bowl, supporting hands and offerings'***

***"Twenty years of caring means a lot to many people young and old. Giving hope, support, security like a family giving us the freedom to be ourselves"***

This year the Carers' Centre is celebrating 20 years of working with carers in Bath & North East Somerset. Over that time the centre has helped thousands of carers get the support they need to manage their caring role.



This piece is made by carers for carers to celebrate and honour the Carers Centre 20<sup>th</sup> Anniversary. The tokens have been made by young carers etched with their own words, images and thoughts about what matters to them.



The statement above and seen around the inside of the bowl came from a workshop session facilitated by Kelly Warren with young carer and young adult carer participant groups. The bowl and supporting hands were created by three different groups, adult carers, young carers and young adult carers.

The making of this piece was facilitated and enabled by Potter Andrew Eddleston assisted and supported by Steve Newman Lindsey Clay, and Karen Dews.

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Please add your own words to the exhibition visitors' book in response to your experience.

Andrew Henon. May 2016