



Dr Barry Hymer is professor of psychology in education at the University of Cumbria in Lancaster, England. He lives in a small eco-house on the banks of the River Lune with his wife, bike, aged dog and occasional daughters (when they're in residence).

Barry has been interpreting and researching learning theory as it relates to classroom practice since he became an educator in 1983. Over this period he has acquired extensive experience in schools, initially as a primary and secondary school teacher, subsequently as an educational psychologist and since 2004 as an independent consultant and researcher. He is concerned always to relate evidence-based theory to classroom-based practice that accords with teachers' ontological values, and he has worked with many thousands of reflective teachers in pursuit of this aim - often as part of extended action research projects.

Barry has particular interests and expertise in the related areas of motivation, mindset, talent development and independent learning. Barry has toured with Prof Carol Dweck during the summers of 2010, 2013 and 2014, speaking at conferences in England and abroad. He has created and leads the Osiris Mindset Programme – a six-day intervention aimed at introducing and embedding growth mindsets in schools. His eighth book is the *Growth Mindset Pocketbook* (Hymer & Gershon, 2014) which frequently comes in at #1 on the Amazon Teaching Aids bestseller list. His ninth is in preparation – a book written with his colleagues Pete Boyd and Karen Lockney and which offers a learning (not performance-) based approach to teaching for student and novice teachers.

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[Barry is also a member of the University of Cumbria Living Theory Research Group](#)