

Healing the scars of identities with marginalised communities

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[A Member of the Conversation Café](#)
[Research support group - LINK](#)



Through my minds eye and then the lens, giving moments new significance, the transitory captured to influence perceptions of the unnoticed, bypassed and demeaned.

My focus on the details in nature become a metaphor for seeking ways to give significance to the ordinary, sharing a common theme of valuing and engaging with our everyday encounters and exchanges to have wonder, value, delight, reverence to consequently deepen our love for humanity and the planet



'Beginners mind' (Mindfulness) enables a new awakening to possibilities and ideas, free of misconceptions and prejudgements



'We cannot do great things, only small things with great love'.
Mother Theresa



Video - Link

Culture is fluid and our identities complex. Identities cannot be reduced to 'dualistic polarities'. Inclusion, acceptance and respect emerge from unconditional regard and then we can truly celebrate diversity



I am the shadow- that is my place.
I am there quietly encouraging gentle change



Promoting, sharing, informing, infiltrating, subverting pursuing, engaging, suggesting, speaking up, speaking out for inclusion and social justice



Demonstrating through still and moving images alternative perspectives, gentle snapshots of my discoveries of the everyday captured and revealed through the lens -an outcome of how my life is lived through relationships with these amazing and undervalued (to me) significant others



Working alongside marginalised and minority communities to raise awareness and challenge attitudes through creative responses to trust and love

