

Framework for research

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What really matters to me? What do I care passionately about? What kind of difference do I want to make in the world?	I care about ensuring carers and their families have the support they need to continue being able to manage their caring roles whilst achieving more than they thought possible. I am passionate about seeing people who take on huge amounts of responsibility for someone in their family or a friend be able to thrive in their own life. I want carers and their families to feel they are able to fully engage in society, that they can access the support they need and that they can achieve great things despite the potentially time, energy and emotionally draining role they play. I have seen carers and their families lives turned around time and time again by them receiving timely support and I am passionate to ensure all carers receive this support.
What are my values and why?	My values are that every person should be able to engage in shaping the world around them and should have a voice that is listened to. I value people especially those that are traditionally not valued in society. I believe that people deserve to be treated justly and to receive support they need.
What is my concern?	I want to see the Carers' Centre in Bath and North East Somerset provide accessible support that helps people to recognise they are carers and that they can access it. I want to make sure the Centre works with a passion and drive to try to reach every carer in Bath and North East Somerset so that every family that needs support can have it.
Why am I concerned?	I am concerned because of my passion to support vulnerable people. I am concerned because I have worked with carers and their families and know how hard it is without support and what a difference good, timely and committed support can make. I have cared for my mum who has schizophrenia and had serious drug dependency issues and I know how hard it can be and how much you need to have support to get through.
What kind of experiences can I describe to show the reasons for my concerns?	My experience as a CEO of the Carers' Centre. My experience as Young Carers Manager. My experience of caring for my mum and my life story
What can I do about it?	Make sure the Carers' Centre is committed to identifying all carers, giving the support carers need at times and places they can access and in a way that is helpful. Making sure carers voices are heard and that the Centre works collaboratively with carers to get this done. To make sure the staff, volunteers, trustees and carers work together to make this happen and work passionately and with commitment. I need to lead the organisation to win the tender for the Carers' Centre and to gain funding to increase the work to support carers.
What will I do about it?	I am committed to ensuring the Carers Centre gains the funding it needs to continue it's work. To ensure the work is of a high quality, staff, volunteers and trustees grow and develop the skills and passion to ensure the centre is carer led and meeting

	<p>carers needs. I will do this by listening to carers from all backgrounds through consultation conversations and through staff, volunteer and carer feedback. I will support the staff and volunteers to find hidden carers to ensure we support as many carers as possible. I will do this by supporting the improvement of written and visual materials to communicate what we do effectively and to support reaching referrers and carers through events, media coverage and mail outs. I am committed to ensuring we gain PQASSO level 2 to enable people to recognise the quality of our work. I am committed to applying for external funding and to engage in the tendering process with carer led ideas on a commissioned carers centre.</p>
<p>How do I evaluate the educational influences of my actions?</p>	<p>I am going to write my PHD looking at the influence of my work with carers. I will use a multi media approach to gain the views of carers, staff, volunteers and colleagues of the effectiveness of my actions.</p>
<p>How do I demonstrate the validity of the account of my educational influence in learning?</p>	<p>I am going to work with a research group led by Jack Whitehead and Marie Huxtable to check whether my accounts are valid</p>
<p>How do I modify my concerns, ideas and actions in the light of my evaluation?</p>	<p>I will use my account, my research group and my feedback from carers, staff, volunteers and colleagues to direct my research and my practice.</p>