

You could create and contribute your living poster and encourage others to do the same by:

- Creating and uploading a 2-3minute video-clip to YouTube of you communicating the essentials of: your context, interests, research passions, practice and values as the explanatory principles and living standards of judgment to which you hold yourself accountable in your practice.
- Creating an attractive A4 poster including text and images, and the url to your YouTube video, which provides brief details of your: context; interests; the values that motivate you and give your life meaning and purpose; research passions; details of a few of your key publications; the url to your website if you have one and your contact details.
- Sending us two files of your living poster i) as a PDF and ii) in whatever programme you have used to create it e.g. WORD, Pages, PowerPoint. Please use 'insert' (not copy and paste) and use low resolution images otherwise your file becomes huge!
- Give us 1-4 keywords that summarise the essence of what you are about and send, together with your living-poster, to jack@actionresearch.net.

You can learn more about Living Theory research and individual's living-theories by visiting <http://ejolts.net/> and <http://actionresearch.net/> and reading Jack Whitehead's latest book:

Whitehead, J. (2018). *Living Theory research as a way of life*. Bath UK: Brown dog books. ISBN printed book: 978-1-78545-275-8 ISBN e-book: 978-1-78545-276-5