IMPROVING THE WORLD BY RAISING THE VOICES OF ACTION RESEARCHERS THROUGH LIVING-EDUCATIONAL-THEORIES

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LOVED INTO LEARNING



1988 Referenced the importance of love in my teaching philosophy



2010 Jackie Delong, prof in one of the M.Ed courses, tells us all she loves us.



Coined the term "loved into learning" and began to explore more deeply and apply learning to practice.

2012 Completed M.Ed and starting living more fully according to my values of love and joy.



2012-2015 Co-created Bluewater Action Research



Continue to improve my practice. Complete a PhD in Educational Sustainability. Added "hope" as a core value.

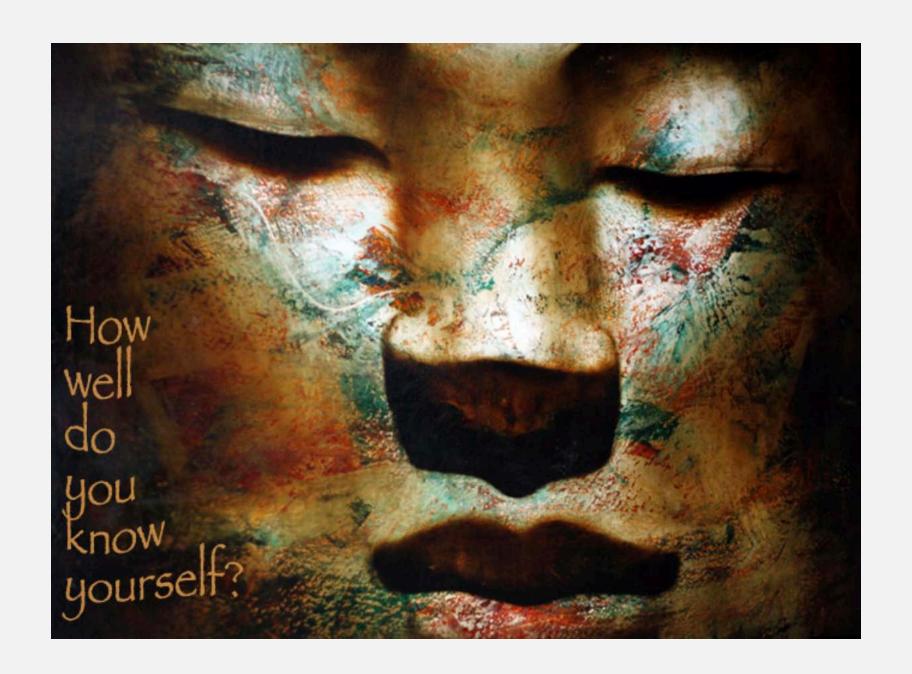


Now what?

DEFINITION OF LOVE

The will to extend one's self for one's own or another's spiritual growth (Peck, 1978 p. 85).

The willingness to embrace and act on the idea that everyone and everything is interconnected (Campbell, 2017)



THE JOURNEY

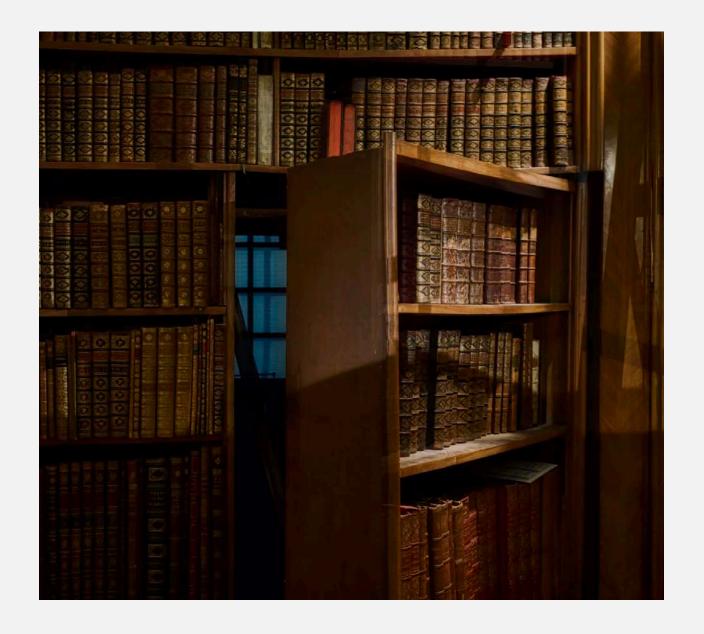






UNVEILING BELIEFS, ASSUMPTIONS AND VALUES

- Courage
- Trust
- Respect
- Vulnerability
- Resilience
- Creativity
- Collaboration



MY LIVING WALL

The Living Wall is a physical representation of the internal (my thoughts) and external (my actions) me—the inner and outer "I" unfolding in time—my living educational theory (Whitehead, 1989). It serves many purposes from the very practical to the abstract. I started the wall because I felt an urgent need to organize my thoughts and the traditional structure offered by a Major Research Project outline was not working for me; in fact, the situation was actually worse than that because the suggested (and I am very fortunate that this was not required) structure actually hindered my thinking process and stifled my creativity. I could not work within this framework and I certainly felt a conflict with the suggested outline and the living educational theory methodology (Whitehead, 1989) I was using. I am certainly not suggesting that everyone would or should sense the conflict; simply that one existed for me. The nature of the living educational theory methodology is such that a traditional five-chapter outline might be the perfect structure for an individual if that is how their research unfolds. The structured outline was far too restrictive and prescriptive for me. It made me feel like I was being intentionally self-destructive as I forced myself into the corsetry of the system. I found myself looking for material to fit within the parameters and when I made my research fit, it seemed to lose something—I felt disfigured. My voice disappeared from the page and my ideas, which seemed to flow previously, now seemed stagnant and dull—the internal rhythm was hijacked." p. 102











- I.Who am I?
- 2. How do I know?
- 3. So what?
- 4. Now what?

"WE TEACH WHO WE ARE" PARKER PALMER

HTTPS://WWW.GOODREADS.COM/WORK/QUOTES/213020-THE-COURAGE-TO-TEACH-EXPLORING-THE-INNER-LANDSCAPE-OF-A-TEACHER-S-LIFE

The 4 Guiding Questions

- Who am I? (Values, worldview, passions, vulnerabilities, etc.)
- 2. How do I know? (What evidence do I have?)
- 3. So what? (Why is this information important / significant?)
- 4. Now what? (Now that I know this, what, if anything, will I do differently?)

UNVEILING EMBODIED KNOWLEDGE VALUES

Love:

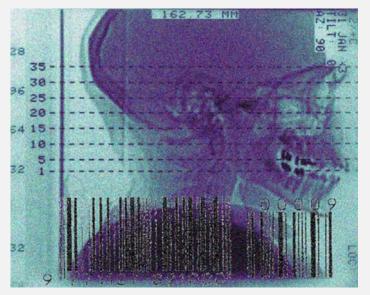
Hope:

Joy:

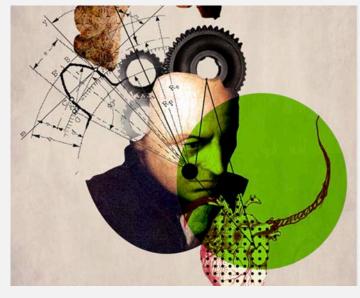
The willingness to embrace and act on the idea that everyone and everything is interconnected

The courage to act when facing fear, doubt, and despair.

The understanding that love and hope are enough.







ONTOLOGICAL EPISTEMOLOGICAL METHODOLOGICAL

BEING KNOWING DOING

THE SUSTAINABILITY OF LET

Bluewater Action Research Network 2015 Sharing Our Knowledge Symposium



May 15th 9 AM – 3:30 PM Bluewater District School Board, Chesley, Ontario

TVO Interview



BARN: Living Poster 2018



Bluewater Action Research Network: Who Are We?

The facilitators for BARN 2018:



Kelly McDougall



Krystal Damm



Penny Phillips

The participants for BARN 2018:



Jennifer Kozak: My Best Self

Cindy Hodgins:

Self-Esteem



Elizabeth Burrows **School Morale**





Laurel Sanderson: My Spark



Lisa Kaminski: Kimberley Hall: Compassion *Inquiry*



Joanna Fry: Reggio in Gr. 1



Dana Roy and Tracy McNally: Physical Space

Amanda Ruthven and Mar-

garet Jack: Relationships



Jennifer Clement and Paige McRonald: Calm in Chaos



Colleen Wolski and Jess Elkins: Behaviour Resource



Leanne Stredwick and Kathy Bauman: Community



M. Cunningham: Metacognition



Leslie Turcotte: The Arts



- North America, Asia, Africa, Europe
- 15 Different Countries

THANK YOU

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Questions or Comments?

Jack Whitehead

jack@livingtheory.org

ADDITIONAL RESOURCES

THE TRANSITION

- Teachers: Self-directed professional development that aligns with standards of practice and other policy documents.
- Students: A transition tool to self-directed learning or a framework for self-directed learning in or out of public school. A theoretical framework and methodology for formal research for accreditation and publication purposes.
- Parents: a tool to take charge of your life, to get to know yourself.
- All: to live more fully according to YOUR values.



LIVING EDUCATIONAL THEORY

- https://www.youtube.com/watch?v=JfI kFHLdiPY
- Link to book, You and Your Action Research Project:
- http://213.55.83.214:8181/Education/2 7500.pdf

		List of Per	sonal Core Values	- Alon
				Perfection
			Honor	Perseverance
		Determination	Improvement	Persistence
	Accomplishment	Discipline	Independence	Personal Growth
	Abundance	Discovery	Individuality	Personal health
	Accountability	Diversity	Initiative	Pleasure
	Accuracy	Education	Inner peace	Power
	Achievement	Efficiency	Innovation	Practicality
	Adventure	Environment	Integrity	Preservation
	Approval	Equality	Intelligence	Privacy
	Autonomy	Excellence	Intensity	Problem solving
	Balance	Exploration	Intimacy	Professionalism
	Beauty	Fairness	Intuition	Progress
	Challenge	Faith	Joy	Prosperity
	Change	Faithfulness	Justice	Punctuality
	Clarity	Family	Knowledge	Purpose
	Geanliness/ orderliness	Flair	Leadership	Straightforwardness
	Collaboration	Flexibility	Learning	Straightioi war dire
	Commitment	Forgiveness	Love	Strength
	Communication	Freedom	Loyalty	Success
	Community	Friendship		Systemization
	Compassion	Frugality	Meaning	Teamwork
	Competence	Fulfillment	Merit	Timeliness
	Competition	Fun	Moderation	
	Concern for others		Modesty	Tolerance
	Confidence	Generosity	Money	Tradition
	Connection	Genuineness	Nature	Tranquility
	Conservation	Good will		Trust
	Content over form	Goodness	Nurturing	Truth
-	Cooperation	Gratitude	Obedience	
-	The state of the s	Hard work	Open-mindedness	Unity
-	Coordination	Harmony	Openness	Variety Common Variety
Creativity			Optimism	Vitality
Credibility		Healing		The second secon
Decisiveness		Holistic Living	Patriotism	Wealth
	Democracy	Honesty	Peace, Non-violence	Wisdop

JOINING LOCAL AND GLOBAL COMMUNITIES OF LIVING EDUCATIONAL THEORY RESEARCHERS BY PRODUCING AND SHARING YOUR LIVING-POSTER

 See the 2020 homepage of living posters at https://www.actionresearch.net/writings/posters/homepage2020.pdf

With guidelines for producing and sharing your own living-poster as a contribution to a global network of practitioner-researchers who are working to improve the educational influences of their teaching, learning and assessment and to extend the influence of a Living Theory approach to professional development with values of human flourishing.

LIVING **POSTERS**



Conversation Cafe ...a community supporting developing practice in diverse fields meeting in and around Bath, UK, with occasional SKYPE visitors



Univ. of Cumbria Living Theory Research Gp ...national and international doctoral researchers and supervisors researching their diverse practice.



EJOLTS - Educational Journal Of Living Theories ...an international journal and community of Living Theory researchers

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as Gardening ...activists developing permacultural responses to improve the quality of life of communities around the world



SKYPE Living Theory research support gp ...an international online community developing and supporting research and researchers



Bluewater Action Research Network ...a Canadian community of educators researching HE and school-based practice







Living Theory researchers and networks developing educational knowledge, theory, practice and opportunities that contribute to the flourishing of humanity



Andrew Henon Socially engaged art



Swaroop Rawal Teacher education, drama



Arianna Briganti Sustainable development



Carer, health visiting, CPD



Jack Whitehead Academic & practitioner educational research



Joao Roe children with sensory impairment



Linda Vargas Dance, social transformations



Sabre, Cherkowski, Kelly Hanson, Liz Campbell Educational research



Lynn Spurrell Coaching, change









Teacher education. community development



Jacqui Scholes-Rhodes Learning journeys, life narratives

Living global



Per Jensen Growth mindset, teacher training



Barry Hymer Peter Mellett Psychology. Permaculture, classroom practice regenerative development



Sigrid Gjotterud



Kate Kemp Listening, loving. laughing, living



Sonia Hutchison Sustainable leadership



Branko Bognar

Liz Wolveraardt & Pieter du Toit Values-based



Michelle Cunningham & Krystal Damm secondary school Delysia Timm Spiritual practice



William House

Holistic medicine,

community action

Shelagh Hetreed Scarred identities. marginalised communities



Melita Bognar Citizenship. classroom pracfice

John Reeves &

Danielle Vass

computing

Jackie Delong

Practitioner

research

Florence Dujardin



Lesley Wood Psycho-social wellness Creative educational



Pip Bruce Ferguson

4

Staff development

Noriyuki Inouse

non-Western

epistemology

HOS

Teri Young Teacher education



Network Educational Action Researchers of Ireland ...a developing network of educators in Ireland

Joy Mounter Academic librarianship, pedagogy



Cathy Griffin & Avis Daigamo Educational research



Geitza Rebolledo Thinking, collaboration, pregraduate



Roya Pugh Living dialogue



connect

Lee Scot Artist, teacher, . being

Who am I?

I choose love.

I am a retired high school teacher and currently, I teach in a Master's of Education program as an adjunct professor. I now call <u>Cape Breton, Nova Scotia</u> home.

How do I Know?

My own experience in my practice, and through completing a Ph.D. in Educational Sustainability, my experiences teaching at the high school and university level, and the insights I gleaned providing professional development for new and veteran teachers, and my belief in the power of the collective will, validate my belief in hope for change.

The moment we choose to love, we begin to move against domination, against oppression. The moment we choose to love, we begin to move towrd freedom, to act in ways to begin to liberate ourselves and others. —bell hooks

Loved into Learning

Elizabeth Campbell PhD



So What?

I believe that learning founded on love is part of the solution to the problems that plague our world today. My definition of love is the willingness to embrace and act on the idea that everyone and everything is interconnected. My definition is influenced by Pecks definition of love as "the willingness to extend oneself for one's own or another's spiritual growth".

I embrace different ways of knowing, researching, and representing to generate different ideas to address our spiritual crisis—the disconnection between all human and non-human relationships.

Website (under construction):

A 3-minute intro video: email: lovedintolearning@gmail.com

Now What?

I agree with Holt who claims, "learning is living". I experienced being loved into learning (living) and I am committed to do all I can to live more fully according to my values of love, hope, and joy, and to contribute to the healing and flourishing of humanity. Trust, respect, compassion, creativity, equity, freedom, justice, and other values are central to me as I live with love, hope, and joy.

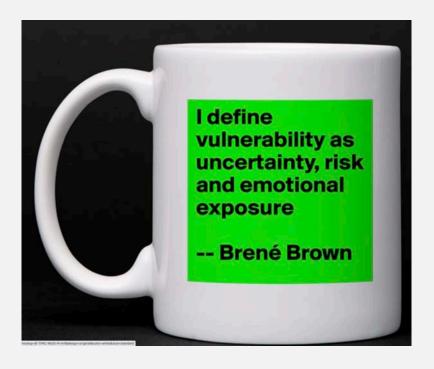
I incorporate self-determined education (SDE) in every course I offer and I share Living Educational Theory (LET) as a process for exploring, discovering, and articulating the values that give life meaning and purpose. Together, these approaches to learning, challenge status-quo thinking, create and hold a space for learner autonomy, and reveal intuitive knowledge, honouring the lived experiences of individuals who wish to improve what they are doing.

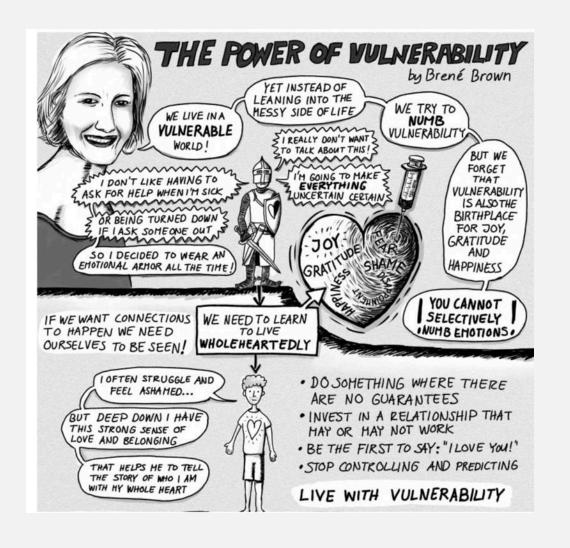


How does this research contribute to a professional global knowledge-base? How does it contribute to transforming academia and other fields of practice?

VULNERABILITY









Our values reflect what is important to us. They are a shorthand way of describing our individual motivations. Together with our beliefs, they are the causal factors that drive our decision-making.

Barrett Seven Levels of Consciousness Model

Service
Selfless service

Making a Difference
Making a positive difference in the world

Internal Cohesion

Finding meaning in existence



Transformation

Letting go of fears.
The courage to develop and grow



Self Esteem

Feeling a sense of self-worth
Fear: I am not enough



Relationship

Feeling protected and loved Fear: I am not loved enough



Survival

Satisfying our physical and survival needs Fear: I do not have enough



Values can be positive or fear-based (limiting). For example, honesty, trust and accountability are positive values, whereas blame, revenge and manipulation are potentially limiting, or fear-based, values.

Personal mastery involves overcoming or eliminating our fear-based beliefs. When our beliefs or behaviours are out of alignment with what is really important to us - our values, we lack authenticity.

Every human being on the planet grows and develops within seven well defined areas. These areas are defined in the <u>Barrett Seven Levels of Consciousness Model</u> Each area focuses on a particular need that is common to all people. The level of growth and development of an individual depends on their ability to satisfy these needs.

At different times you may find that you focus more on some levels and less on others, in response to changing life conditions. It is important to understand that in terms of the seven areas higher is not better; for example it will be difficult for you to focus on helping others if you are having health and money problems.

The seven areas in the development and growth of personal awareness are summarised in this diagram and are described in more detail on page 3.





Self Interest

The first three areas of awareness – Survival, Relationship and Self-Esteem, focus on our personal self-interest – satisfying our need for security and safety, our need for love and belonging, and our need to feel good about ourselves through the development of a sense of pride in who we are. We feel no sense of lasting satisfaction from being able to meet these needs, but we feel a sense of anxiety if these needs are not met.

Transformation

The focus of the fourth area of awareness, Transformation, is on letting go of fears. During this stage in our development, we establish a sense of our own personal authority, and our own voice. Within the area of Transformation, we choose to live by the values and beliefs that resonate deeply with who we are.

Common Good

The upper three areas of awareness – Internal Cohesion, Making a Difference and Service - focus on our need to find meaning and purpose in our lives. We express that meaning by striving to make our world a better place and by leading a life of selfless service. When these needs are fulfilled they engender deeper levels of motivation and commitment. Within these areas, we learn how to develop an inner compass that guides us into making life affirming decisions.

Personal Mastery

Individuals who focus exclusively on the personal self-interest areas may be influenced by the fears they hold about satisfying their individual needs. They look for approval or reassurance from others.

Individuals who focus exclusively on the satisfaction of the upper common good needs may lack the skills necessary to remain grounded. They can be ineffectual and impractical when it comes to taking care of their basic needs. The most successful individuals are those who balance all of the areas. They are trusting of others, are able to manage complexity, and can respond or adapt to all situations.

In reality people do not operate from any one single area of awareness. They tend to be clustered around three or four areas. Individuals are usually focused at areas 1 through 5, typically with a specific emphasis on Internal Cohesion, the fifth area, in which we seek meaning in our lives.

Your Results

On the next page we will show you how the values you chose map against these seven areas. Positive values will be identified with a blue dot and potentially limiting or fear based values will be shown as a white dot.

Which concept best describes your worldview?

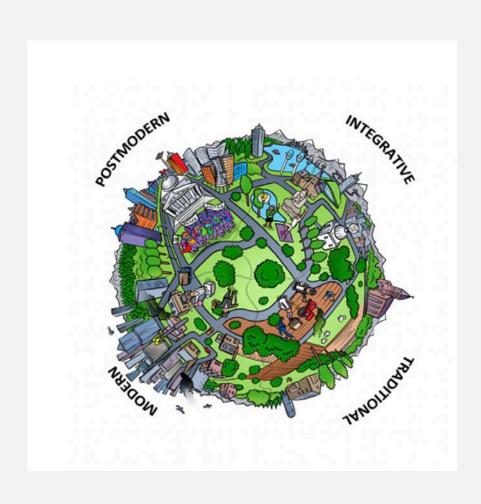


Table 1.1 Four Worldviews				
Postpositivism	Constructivism			
 Determination Reductionism Empirical observation and measurement Theory verification 	 Understanding Multiple participant meanings Social and historical construction Theory generation 			
Transformative	Pragmatism			
 Political Power and justice oriented Collaborative Change-oriented 	 Consequences of actions Problem-centered Pluralistic Real-world practice oriented 			

STORIES OF VICTORY AND RUIN (MACLURE, 1996)

Living Your Values Fully

 Think of some examples of when you have been able to live more fully according to your values.

Values are Denied

 Think of some examples of when you have NOT been able to live according to your values.

Can you identify a living contradiction?

SIR KEN ROBINSON THE CALL TO UNITE

 https://www.youtube.com/ watch?v=QU4Q17t4muY







WHAT IS SELF-DIRECTED EDUCATION?

WHAT IS SELF-DIRECTED LEARNING?

HOW CREATIVE ARE YOU?

- https://ideapod.com/borncreative-geniuses-educationsystem-dumbs-us-accordingnasa-scientists/
- Age 4/5 98%
- Age 10 30%
- Age 15 12%
- Adults 2%



We are born creative geniuses and the education system dumbs us down, according to NASA scientists



THE TRANSITION

Teachers: Self-directed professional development that aligns with standards of practice and other policy documents.

Students: A transition tool to self-directed learning or a framework for self-directed learning in or out of public school. A theoretical framework and methodology for formal research for accreditation and publication purposes.

Parents: a tool to take charge of your life, to get to know yourself.

All: to live more fully according to YOUR values.



The Ethical Standards for the Teaching Profession

The Ethical Standards for the Teaching Profession represent a vision of professional practice. At the heart of a strong and effective teaching profession is a commitment to students and their learning, Members of the Ordinac College of Teachers, in their position of trust, demonstrate responsibility in their relationships with students, parents, guardians, colleagues, education partners, other professionals, the environment and the public.

The Purposes of the Ethical Standards for the Teaching Profession are:

- . to inspire members to reflect and uphold the honour and dignity of the teaching profession
- to identify the ethical responsibilities and commitments in the teaching profession
 to to guide ethical decisions and actions in the teaching profession
 to public ethical decisions and actions in the teaching profession
 to promote public trust and confidence in the teaching profession.

The Ethical Standards for the Teaching Profession are:

The ethical standard of Care includes compassion, acceptance, interest and insight for developing students' potential. Members express their commitment to students' well-being and learning through positive influence, professional judgment and empathy in practice.

The ethical standard of Trust embodies fairness, openness and bonesty. Members' professional relationships with students, colleagues, parents, guardians and the public are based on trust.

Intrinsic to the ethical standard of Respect are trust and fair-mindedness. Members honour human dignity, emotional wellness and cognitive development. In their profes-sional practice, they model respect for spiritual and cultural values, social justice, confidentiality, freedom, democracy and

exercising integrity in their professional

Honesty, reliability and moral action are embodied in the ethical standard of *Integrity*. Continual reflection assists members in

The Standards of Practice for the Teaching Profession

The Standards of Practice for the Teaching Profession provide a framework of principles that describes the knowledge, skills and values inherent in Ortano's teaching profession. These standards includint the goals and expansions of the profession. These standards convey a collective vision of professionalism that guides the daily practice of members of the Ortano College of Esothers.

The Purposes of the Standards of Practice for the Teaching Profession are:

- . To incrine a shared vision for the teaching profession.
- to inspire a snared vision for the customs procession
 to identify the values, knowledge and skills that are distinctive to the teaching profession
 to guide the professional judgment and actions of the teaching profession
 to premote a common language that forester an understanding of what it means
- to be a member of the teaching profession.

The Standards of Practice for the Teaching Profession are:

Commitment to Students

and Student Learning
Members are dedicated in their care and commitment to students. They treat students equitably and with respect and are sensitive to factors that influence individual student theory, pedagogy, curriculum, ethics, educ tlearning, Members facilitate the development tional research and related policies and of students as contributing citizens of

Leadership in Learning Communities Members promote and participate in the maintain and uphold the principles of the ethical standards in these learning

Ongoing Professional Learning Members recognize that a commitment to

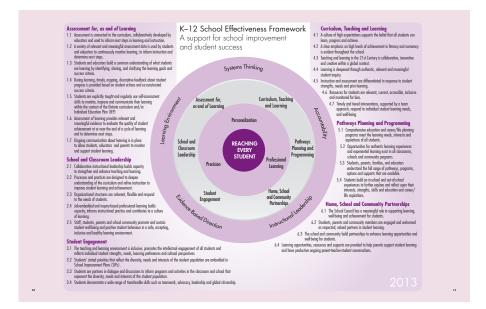
ongoing professional learning is integral to ongoing professional learning is integral to effective practice and to student learning. Professional practice and self-directed learning are informed by experience, research, collaboration and knowledge.

Members strive to be current in their

professional knowledge and recognize its relationship to practice. They understand and reflect on student development, learning theory, pedagogy, curriculum, ethics, educalegislation to inform professional judgment

Professional Practice Members apply professional knowledge

and experience to promote student learning nameners pretense and participate on uncertaint of collaborative, sale and upportive learning communities. They recognize their shared responsibilities and leadership troles in facilitating student success. Members nities. Members refine their professional practice through ongoing inquiry, dialogue and reflection



CREATIVE COMPLIANCE

A PROCESS LIVING THEORY

- What are my values?
- What is my worldview?
- What is my concern?
- What is my living contradiction?
- Who am I?
- How do I know?
- So what?
- Now what?



- Identify patterns, themes, contradictions, paradoxes, false dichotomies, epistemicide
- Make values, beliefs, knowledge transparent
- Collaborate
- Repeat

LIVING CULTURE OF INQUIRY

a safe,
supportive space
which is
democratic and
non-hierarchical
where
practitionerresearchers are
enabled:

to share their vulnerabilities,

to make explicit their values and hold themselves accountable for living according to those values

to recognize when they are not living according to their espoused values and are "living contradictions" (Whitehead, 1989).

to be loved into learning

to recognize their embodied knowledge

to improve their lives and practice by creating their own living-theories:

Living Theory methodology includes

'I' as a living contradiction, the use of action reflection cycles, the use of procedures of personal and social validation and the inclusion of a life-affirming energy with values as explanatory principles of educational influence. (Whitehead, 2009, p. 182)

THE ACTION PLANNER

Framework and rationale for research

Issue / Question	Response
What really matters to me? What do I care passionately about? What kind of difference do I want to make in the world?	
What are my values and why?	
What is my concern?	
Why am I concerned?	
What kind of experiences can I describe to show the reasons for my concerns?	
What can I do about it?	
What will I do about it?	
How do I evaluate the educational influences of my actions?	
How do I demonstrate the validity of the account of my educational influence in learning?	
How do I modify my concerns, ideas and actions in the light of my evaluation?	