

Dear Catherine and Shelagh (and Marie),

Here are some thoughts that have emerged from: exploring some implications of Catherine's ideas of 'Living Legacies'; attending, experiencing and video-taping the preview of the Living Legacies Photo Exhibition on the 25 October 2013 in Bristol; responding to Marie's desire to enhance her understandings of how to support the generation of living-educational-theories; continuing my own post-doctoral enquiries into supporting the generation of living-educational-theories that are enhancing the flow of values that carry hope for the future of humanity.

Catherine described her meanings of Living Legacies in Apex Living Legacies: Stories Creating Futures (Henon, Ed. 2012).

You can access this description at:

<http://www.actionresearch.net/writings/CPD/cflivinglegacies.pdf>

At the end of this description is the following url for a 1:41 minute video of Catherine Forester talking with Jack Whitehead about her ideas on the 28<sup>th</sup> January 2012:



<http://youtu.be/jCsuLoo33XA>

I am suggesting that an understanding of the meanings of living legacies, which include the expression of an individual's embodied values, will need visual data such as that in the video clip above to augment the written text for the adequate communicate of the meanings of living legacies.

Marie liked Catherine's idea of Living Legacy and when she commissioned Andy Henon, a socially engaged artist, to edit the text on APEX Living Legacies: Stories

Creating Futures, Catherine's description of Living Legacies was included in the title and the text.



You can access the whole text of Living Legacies: Stories Creating Futures at:

<http://www.actionresearch.net/writings/apex/livinglegacies2012.pdf>

Shelagh has used the idea of Living Legacies in her work as a LinkAge Black and Minority Ethnic Elders Development Worker. This can be seen in the Living Legacies Portrait Exhibition for Black History Month 28<sup>th</sup> October-1<sup>st</sup> November 2013 in Bristol City Hall. This is described below by Luke Mitchell the Fine Art Photographer and Painter who was commissioned by LinkAge to produce the Photo Exhibition.

# Luke Mitchell

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## M SHED MUSEUM / BRISTOL CITY HALL



Living Legacies is a portrait exhibition in celebration of Bristolian Ethnic Minority Elders, their lives, cultures and dedication to their community. Its aim is to provide a legacy to the elders, something they previously felt had alluded them.

When we think of 'legacy' in art we think of grand paintings and statues in public places, victories, remembrance, stature and even perhaps decadence. I was looking at paintings by Sir Thomas Lawrence (born in Bristol and also with links to the Royal Academy), Jean Ranc, Giovanni Bellini, Jean-Antoine Watteau and Hans Holbein while I was making these photographs. No strangers to regal portraiture and the ultimate legacy hunters; the court. So imagine if you will, the full length and unashamedly central portraits are statues adorning a park or square and the closer 'headshots' are Thomas Lawrence paintings.



At the preview of the exhibition at Bristol City Hall on the 25<sup>th</sup> October I video-taped the opening which was addressed by George Ferguson the Mayor of Bristol and Faruk Choudhury, the Lord Mayor of Bristol. You can access the video below.



22:35 minute video at <http://www.youtube.com/watch?v=4mcqC6yKBe0>

You can quickly download all of this clip onto your desktop using the Firefox Browser with the free application Download Helper. You can then drag and drop it into quicktime and move the cursor along the clip to where you want to play it.

From 2:05 minutes to 9:21 minutes Faruk Choudhury, the Lord Mayor of Bristol, explains why he thinks that the stories of the Black and Minority Ethnic groups are so important to the present culture of Bristol and the UK. I imagine that as Catherine and Shelagh listen and respond to Faruk Choudhury's contribution they both recognise the significance of what he is saying in terms of their ideas of Living Legacies and the significance of the individual stories of the individual black and minority ethnic elders in relation to enhancing the flow of values that carry hope for the future of humanity.



Marie is wanting to enhance the support she gives to individuals who are creating their own living-educational-theories. Here is a suggestion that we might all work on in relation to the clarification and evolution of the values that Shelagh expresses in her work as a LinkAge BME Elders Development worker and in an explanation of Shelagh's influence in living her values as fully as possible. This might also provide some data/evidence for Catherine on the spreading influence of her idea of Living Legacies.

I think that some of the most significant values are being expressed in the BME community as they sing 'By the rivers of Babylon' and 'Diana'

10.08 to 14:40 minutes – By the rivers of Babylon



14:47 to 17:12 minutes - Diana



17:49 minutes to 21:04 minutes, Shelagh addressing the gathering



at 20:58 above, I feel that Shelagh is expressing her life-affirming energy and pleasure in being present with the Black and Minority Ethnic group.

### **21:46 – the new generation**



Perhaps we could share some ideas about the significance of the above events in relation to the creation of Living Legacies and living-educational-theories?